



News Sheet “Update” June 13, 2023 ~ #29

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LAMBS FARM MAGNOLIA CAFÉ - Noon UNITING CHURCHES TO HELP NEIGHBORS IN NEED Gary Garland, Executive Director, LOVE, INC.



NO JULY LCRTA MEETING!

“For the past 38 years, I have been fortunate to experience what few people get to see – the best in human nature day in and day out. Whether it was watching a volunteer handing a bag of food to a neighbor in need, or a colleague spending however long it takes to help a caller, newly diagnosed with Parkinson’s, to navigate his health care and support options. I’ve been truly blessed to witness so much compassion.”

“Love INC helps churches mobilize their members to reach out to their neighbors, by creating specific, manageable opportunities that utilize the unique skills and talents of their congregation to fill unmet needs in the community by connecting them with opportunities to serve their neighbors. Sometimes that can look like helping with clothing, kitchen items, furniture, or connecting to other local resources. Other times, it looks like offering educational classes, providing mentorship support, and hosting community events. But it’s always about each church leaning into its strengths and working together with others—because we are better together.”



LOVED TWICE
THRIFT BOUTIQUE

3621 Grand Ave Gurnee Wednesday through Friday 10am – 6pm
 Saturday 10am – 4pm

Shop our Poshmark closet:
[@lovedtwice5683](https://www.poshmark.com/closet/@lovedtwice5683)

2023 LAKE COUNTY RETIRED TEACHERS ASSOCIATION	
July	NO MEETING
August 8	PAWS FOR PATRICK, Marie Allen
September 12	JIM BACHMAN, IRTA Executive Director Help us say “thank you” to Jim for all he has done for IRTA as he is retiring at the end of 2023! Also, GARY DIVITO will give the latest updates on Member Benefits.
October 10	SAMUEL LEWIS, Puppeteer
October 16 - 17	IRTA BIENNIAL CONVENTION, Crowne Plaza, Springfield
November 14	LARRY FARMER, author, <i>Role of a Lifetime</i>

TRS (Teachers Retirement System)
 P.O. Box 19253
 Springfield, IL 62702-9253
 1 (800) 877-7896
www.trs.state.il.us



IRTA (Illinois Retired Teachers Association)
 828 South Second Street
 Springfield, IL 62702
 1 (800) 728-4782.
www.irtaonline.org



LCRTA (Lake County Retired Teachers Association)
 Box 8107, Gurnee, IL 60031
www.lcrtanet.net



~ See Ray Reidel for the Registration Form ~

LCRTA has 60 Delegates, but you must be an IRTA Member to be a Delegate!
LCRTA will pay for **registration, the Monday Lunch and Banquet, and mileage for 3 or more people in a car!**

You will be reimbursed **AFTER** the Convention.
You are responsible for your hotel room!



2023 IRTA BIENNIAL CONVENTION
Monday, October 16, 2023 8:00 AM –
Tuesday, October 17, 2023 – 3:00 PM
Crowne Plaza
3000 South Dirksen Parkway, Springfield
\$112.00 plus tax



(*Deadline date for the IRTA block of hotel rooms is **September 22nd***)

<https://www.irtaonline.org/association/convention-2023/>

Registration

Delegate Registration - \$45.00
Non-Delegate Not Registered - \$10.00
Non-Delegate Registration - \$45.00



Convention Meals & Costs

Monday Lunch Buffet – 1st Floor \$30.00 - New York Deli

Traditional Mixed Greens Salad Creamy Coleslaw Slice Roasted Turkey, Honey Ham, Roast Beef & Salami Assorted Sliced Cheeses Red Onion, Tomatoes, Pickles, Stone Ground Mustard & Mayonnaise Hoagie Rolls, White, Wheat & Marble Rye Breads House-made Potato Chips Freshly Baked Cookies & Gourmet Brownies

Monday Banquet – 2nd Floor Ballroom \$38.00 - Plated Dinner

Tuscan Garlic Chicken (Garlic Cream Sauce, Spinach, Sundried Tomatoes) Spring Leaf Salad (Spring Greens, Sliced Strawberries, Toasted Almonds, Feta Cheese, Poppysseed Dressing) Chef's Selection Seasonal Vegetables & Starch Rolls & Butter New York Cheesecake with Seasonal Fruit Compote (Vegetarian Option Available upon request)

Tuesday Breakfast Buffet – 1st Floor \$23.00 - Rise & Shine

Sliced Seasonal Fruit & Berries Selection of Freshly Baked Breakfast Pastries Scrambled Eggs with Chives Crisp Bacon Strips or Sausage Links Seasoned Breakfast Potatoes with Peppers & Onions Regular & Decaffeinated Coffees & Hot Herbal Teas, Fruit Juices Tuesday

Lunch Buffet – 1st Floor \$33.00 - The Barbeque

Traditional Mixed Greens with Two House Dressings Loaded Potato Salad with Cheddar Cheese, Bacon, Scallions Southern BBQ Pulled Pork with Kaiser Buns BBQ Grilled Chicken Breast Smoked Gouda Macaroni & Cheese Sauteed Sweet Corn Chef's Selection

FROM MCHENRY COUNTY RTA - FYI

The decision to change TRAIL insurance providers from Aetna to United Health Care was made in Springfield by Central Management Services (CMS), a function of the Governor's Office. On Dec. 31, 2022, the MAPD contract expired and the State of IL was legally required to review documents provided by both bidders:

- The Aetna MAPD PPO Plan offers lower premiums for coverage—saving both you and the State of Illinois money. In other words, you'll pay lower monthly contributions for coverage. You'll see these lower costs in your Open Enrollment Decision Guide.
- In addition, the Aetna MAPD PPO Plan has been designed specifically for State of Illinois retirees—offering another wellness benefit. This new plan will offer wellness programs, through Be Well Illinois and SilverSneakers.
- Contact Aetna at 1-855-223-4807 from 8am to 8pm CST or by visiting StateofIllinois.AetnaMedicare.com to learn about plan benefits, find providers, and look up prescription drugs.
- MyBenefits Service Center at 1-844-251-1777 from 8am – 6pm CT or by visiting mybenefits.illinois.gov to ask about eligibility, make changes to your coverage, or opt out of the Aetna MAPD PPO plan.
- Medicare at 1-800-633-4227 or by visiting www.medicare.gov to ask questions about Medicare Parts A and B.